



HDIBC COACHING

Coaches Meeting Notes

4th November at 5.00pm in Club Lounge

Apologies and Attendees

Apology received from Janet, Kevin and Annie

Attendees JohnT, Pam W, Bob W, Mike Y, Manoj, Graham.

1.0 Introduction and matters arising from last meeting

- Thank you to Pam and Bob Worsley for supplying the images. Annie, please remember to provide an image for the coaches' notice board.
- JohnT confirmed that John Molson has stepped down from the group and retired from coaching, which the meeting expressed regret about. Jason remains a level 2 coach, but he has left the WhatsApp group to focus on his own goals; the club has offered its support for his pursuits.
- VIBE update: Progress remains steady—coaching involvement probably isn't necessary, but everyone is welcome to observe, as there's much to learn from this experience.
- PD Buddies: The induction will begin on 26th November. Coaches will be needed, but numbers are pending. Mike and Anthony Mann have expressed interest in participating.

2.00 Current Topics for Discussion

Forward Planning for Club Coaching

Following a request from Chris Ellins, the club coaches have been asked to begin considering the future direction of its coaching programmes. The discussion points below outline key areas.

1. **Coaching Disabled People: People with Impairments, and People with Long-Term Health Conditions:** We recognise the importance of making our coaching accessible and inclusive for all members. This involves developing approaches to support disabled individuals, those living with impairments, and people with long-term health conditions, ensuring that they can fully participate in club activities and benefit from coaching sessions.
 2. **Coaching Young People:** It is vital to engage young people in the sport and nurture their development. This area focuses on providing tailored coaching to younger members, helping them acquire the skills and enthusiasm needed to sustain their interest in bowling for years to come.
 3. **Coaching People into Recreational Bowling:** Introducing newcomers to recreational bowling is a key aspect of our coaching strategy. We aim to make the sport approachable and enjoyable for those purely seeking a social experience; while ensuring they receive proper guidance on the basics of play and club etiquette.
 4. **Coaching Competitive Bowling (County, National, and International):** For those interested in taking their skills to a higher level, we must provide coaching that supports competitive development. This includes preparing members for competition at county, national, and maybe - international levels, with structured training programmes and ongoing support.
- HBCS – Both Bob's P and W agreed with John that the coaching experience provided by HBCS was enjoyable and valuable. They suggested others might want to join as well, especially since membership costs as little as £3.00 per year.



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- DBS: The enhanced DBS check costs £21.00, and renewal is automatic and free if you state it's for a volunteer role under the Bowls England/CoachBowls umbrella. After John received his Post Office referral from "Know Your People," the entire process—including a visit to the post office—took just over three hours!
- Thirty-seven bowlers have registered for the **Durrant League**. Bob will require assistance and will distribute a rota in due course. Bob also requested some guidance on the best four participants to captain each team.

3.0 New Business

- Resource planning was discussed; it must be implemented so coaches can plan. John will begin preparing a rota promptly.
- The HIBA now have a series of webinars and training workshops these are available to all, and our coaches are encouraged to participate – book you place at:
www.hertsiba.com/disability-bowls
- Reducing the four-session coaching induction to three was trailed by John with the last cohort on a Friday afternoon, it was workable, but some items were of necessity rushed. (John is setting up a WhatsApp link with those new bowlers for a few months to help them with their introduction to the club – coaching support only). Bob reported that he had run it successfully over the summer at St Albans BC and was happy to share his session notes.

4.00 Action Items

- Personal practice and Drills booklet – JohnT has requested the help of John Bell to produce an updated version.
- Website – need to be reviewed and keep it fresh – (we need a volunteer to deal with this)
- To assigning tasks and responsibilities – not done
- To setting deadlines and follow-up dates – not done

5.00 Any other Business

- The need to 'advertise' the clubs' coaching and other events on a large screen tv or similar
- Rink Diary 'practice hours' alterations are in hand to be introduced shortly
- Handouts – a large amount of time is spent printing out these for each cohort – it was suggested that they are printed in the form of a booklet like the concourse magazine. The discussion moved into developing the document to encompass a welcome handbook!

7.00 Next meeting

- Was scheduled for the 9thDec now clashes with the Xmas Bash – new dates to be issued shortly